

Specific Conditions & Ethical Guidelines

for Hanna Somatics Teacher Training with Lisa Petersen @ Yoga Moves, BV

ELIGIBILITY FOR THIS COURSE:

- We offer professional trainings. To participate in a foundational teacher training, you do not need to know yet if you will become a professional yoga teacher, but the course is designed towards that purpose.
- Yoga Moves trainings and continuing education intensives or courses aimed to support the professional development of current yoga teachers or other movement or wellness specialists.
- Our program is usually given in English; thus, our comprehension of English should be sufficient to understand and read the English materials. You are free to do your exams or assignments in Dutch usually.
- There are concepts, especially in Anatomy or Philosophy that can be challenging (approx. HBO level).
- If you are interested in this course solely to address any personal growth – physical, mental, or emotional – you are welcome to join but you should make that known to our trainers so the demands of the program can be adjusted. You will be asked to maintain assignments to the degree that they allow you to stay current in the course. You may choose to not do the exams or evaluations, for example. But you will not receive the certificate of completion (diploma).
- The Teacher Training courses often have an intensive schedule and curriculum that can be physically, mentally, and emotionally demanding. By participating, the client declares that he/she/they is healthy on a medical and mental health level and is ready to fully participate in the demands of the program.
- By participating in a Training, the client declares that he/she/they is aware that it is their own responsibility to take care of their own health and well-being during such training, always.

CERTIFICATION

- Most of Yoga Moves training are certified or recognized by Yoga Alliance.org (USA & Internationally recognized); However, this course is currently not registered there. Lisa has credentials as a Yoga Trainer in the UK with Yoga Alliance Professionals (YAP). In the future - we hope to have Lisa get her registration by Yoga Alliance in the USA for that credential too, and then your hours will count there too. If that matters to you.
- Yoga Moves is registered in the Dutch organization that recognizes professional level training by CRKBO.
- Once you complete this course you may call yourself a Living Yoga Somatic's teacher.

REQUIREMENTS FOR COMPLETION

- When a student fulfils the requirements of the Teacher Training, including successful completion and passing of in-class hours, homework, and evaluations, they will receive a certificate of completion.
- If applicable, the certificate can be submitted to Yoga Alliance.org to apply for membership (fee based) or a prospective employer as evidence that they have completed it or as evidence of continuing education in yoga.
- Paying for the program and completing the training hours alone does not mean client will pass the program. Assignments and evaluations must also be completed to have a passing mark.
- All Training materials are under copyright protection and cannot be reproduced without the permission of the author. Failure to comply may result in legal action.
- Moves reserves the right to a student to leave the program if found plagiarizing, if behavior is disruptive, inappropriate, negatively impacting other students' learning, unethical or violations of the Yoga Alliance ethical guidelines. Under such circumstances, a student will not be refunded tuition.
- On successful completion of a training course, including all written work and assessments, client will be given a certificate of competency or participation.

CODE OF ETHICS FOR YOGA MOVES TRAINING

- We acknowledge the unique and sensitive nature of the student-teacher relationship and recognize that ethical behavior is the foundation of all good practice and teacher training. We believe that it is the responsibility of the teacher to ensure a safe environment in which a student can grow physically, mentally, emotionally, and spiritually. For any clarifications, please contact us on training@ogamoves.nl
- The current schedule will always be emailed to the participant with confirmation mail. Yoga Moves reserves the right to change the schedule at any time.
- Yoga Moves reserves the right to change the planning of a training due to unforeseen circumstances, including public health outbreaks, weather, transportation problems or force majeure. In some circumstances, we may move a live training to an online environment if this allows us to continue the training.
- Yoga Moves reserves the right to cancel Teacher Training if there are insufficient clients. In this case, the fees already paid by the clients will be refunded in full within 21 days of notice.
- Yoga Moves is not responsible for travel fees, or any expenses incurred by you because of such cancellation.
- Paying for the program and completing the training hours alone does not mean the client will pass the program.
- Many of our programs are offered in English, Dutch language programs will be specified on the website description.

CODE OF ETHICS FOR TEACHERS

- As teachers of the Yoga Moves Training, we agree to uphold the highest professional standards as set forth in the following Code of Ethics.

- We welcome all students with respect and friendliness and do not discriminate against or refuse professional help to anyone based on race, gender, sexual orientation, religion, or national origin.
- We make only realistic statements regarding the benefits of Yoga, make responsible decisions to determine when we can assist a student, and use our knowledge and skills only for their benefit.
- We provide rehabilitative and therapeutic instruction only for those problems or issues that are within the reasonable boundaries of our competence.
- We do not mis-represent our professional qualifications and we promote our services with accuracy and dignity.
- We always establish and maintain professional relationship boundaries.
- We understand that all forms of inappropriate sexual behavior or harassment with students is unethical and use only appropriate methods of touch when assisting students.
- We conduct our public and private affairs with honesty in all financial, material, emotional and spiritual interactions.
- We respect the rights, dignity and privacy of all students, and treat all communications from students with professional confidence.
- All Yoga Moves Teacher Training materials are under copyright protection and cannot be reproduced without the permission of the author. Failure to comply may result in legal action.

DEPOSITS, FEES AND PAYMENTS:

- Course fees include all tuition, online support materials, live online classes, small group mentoring, 3 full colour printed manuals, assessment and personalised feedback process.

CANCELLATION OF COURSE

- Living Yoga or Yoga Moves reserves the right to cancel the training.
- Cancellation POLICIES terms follow Yoga Moves General Conditions for Training.
- We advise you to put travel insurance in place to cover flights and accommodation in the rare and unlikely event of cancellation.

ILLNESS OR OTHER FORCE MAJEURE EVENTS

- Living Yoga retains the right to replace any trainer with another qualified professional in the case of illness, accidents, surgery or other force majeure events.

CERTIFICATION

- This training is certified with Living Yoga. On successful completion of the course, including all written work and a half-day assessment, you will be given a certificate of competency by Living Yoga as a qualified Living Yoga Somatic Teacher

ASSESSMENTS

- We ask you to complete five written tasks to be submitted prior to the end of the course and to participate in a half-day assessment of your practice and your teaching of the somatic exercises.

CONTACT AND NON-CONTACT HOURS

- The Living Yoga Somatic Teacher Training comprises 10.5 full days training which constitutes 67 contact hours. In addition, there are 10 hours of online support materials, 120 hours of required home practice, live online practice sessions in-between modules, home study, 'study buddy' sessions and small group mentoring. Total: 200 hours.

MISSED TIME AND EXTENSIONS

- We do not accredit anything less than full attendance.
- Students can make up 3 hours on any given module with a qualified representative of Living Yoga. The cost for this will be outside of the course structure. Any more than 3 hours missed on one module will require the module to be repeated.
- Students may apply for an extension of course work. This is at the discretion of the Training Co-ordinator.

REPEATING COMPETENCY AND INTEGRATION

- If you do not pass, you will be offered feedback and the opportunity to repeat the module for free at the next iteration of that module.

FEEDBACK AND COMPLAINTS PROCEDURE

- Please address any unsolicited feedback or complaints in writing to the Training Co-ordinator at training@living-yoga.ie